

**HEALTH ASSESSMENT**  
(Confidential)

NAME \_\_\_\_\_ D.O.B. \_\_\_\_\_ DATE \_\_\_\_\_

DATE OF LAST PHYSICAL EXAMINATION \_\_\_\_\_ WHAT IS YOUR REASON FOR VISIT? \_\_\_\_\_

**SYMPTOMS: CHECK SYMPTOMS YOU CURRENTLY HAVE OR HAVE HAD IN THE PAST YEAR**

**GENERAL**

- Chills
- Depression
- Dizziness
- Fainting
- Fever
- Forgetfulness
- Headache
- Loss of Sleep
- Loss of Weight
- Nervousness
- Numbness
- Sweats

**MUSCLE/JOINT/BONE**

- Arms
- Hands
- Shoulders
- Neck
- Back
- Hips
- Legs
- Feet

**GENITO-URINARY**

- Blood in Urine
- Frequent Urination
- Lack of Bladder Control
- Painful Urination

**GASTROINTESTINAL**

- Appetite Poor
- Bloating
- Bowel changes
- Constipation
- Diarrhea
- Excessive Hunger
- Excessive Thirst
- Gas
- Hemorrhoids
- Ingestion
- Nausea
- Rectal Bleeding
- Stomach Pain
- Vomiting
- Vomiting Blood

**CARDIOVASCULAR**

- Chest Pain
- High Blood Pressure
- Irregular Heartbeat
- Low Blood Pressure
- Poor Circulation
- Rapid Heartbeat
- Swelling of Ankles
- Varicose Veins

**EYE, EAR, NOSE, THROAT**

- Bleeding Gums
- Blurred Vision
- Crossed Eyes
- Difficulty Swallowing
- Double Vision
- Earache
- Ear Discharge
- Hay Fever
- Hoarseness
- Loss of Hearing

**EYE, EAR, NOSE, THROAT**

- Persistent Cough
- Ringing in Ears
- Sinus Problems
- Vision - Flashes
- Vision - Halos

**SKIN**

- Bruise easily
- Hives Itching
- Change in Moles
- Rash
- Scars
- Sore that won't heal

**WOMAN ONLY**

Date of Last Pap Smear \_\_\_\_\_

Have you had a Mammogram?

- Yes       No

Number of children? \_\_\_\_\_

**CONDITIONS: CHECK CONDITION YOU HAVE OR HAVE HAD IN THE PAST**

- |  |   |   |   |
|--|---|---|---|
| <input type="checkbox"/> AIDS                | <input type="checkbox"/> Chicken Pox      | <input type="checkbox"/> Kidney Disease     | <input type="checkbox"/> Psychiatric Care   |
| <input type="checkbox"/> Alcoholism          | <input type="checkbox"/> Diabetes         | <input type="checkbox"/> Liver Disease      | <input type="checkbox"/> Rheumatic Fever    |
| <input type="checkbox"/> Anemia              | <input type="checkbox"/> Emphysema        | <input type="checkbox"/> Measles            | <input type="checkbox"/> Scarlet Fever      |
| <input type="checkbox"/> Anorexia            | <input type="checkbox"/> Epilepsy         | <input type="checkbox"/> Migraine Headaches | <input type="checkbox"/> Stroke             |
| <input type="checkbox"/> Appendicitis        | <input type="checkbox"/> Glaucoma         | <input type="checkbox"/> Miscarriage        | <input type="checkbox"/> Suicide Attempt    |
| <input type="checkbox"/> Arthritis           | <input type="checkbox"/> Goiter           | <input type="checkbox"/> Mononucleosis      | <input type="checkbox"/> Thyroid Problems   |
| <input type="checkbox"/> Asthma              | <input type="checkbox"/> Gonorrhea        | <input type="checkbox"/> Multiple Sclerosis | <input type="checkbox"/> Tonsillitis        |
| <input type="checkbox"/> Bleeding Disorders  | <input type="checkbox"/> Gout             | <input type="checkbox"/> Mumps              | <input type="checkbox"/> Tuberculosis       |
| <input type="checkbox"/> Breast Lump         | <input type="checkbox"/> Heart Disease    | <input type="checkbox"/> Osteopenia         | <input type="checkbox"/> Typhoid Fever      |
| <input type="checkbox"/> Bronchitis          | <input type="checkbox"/> Hepatitis        | <input type="checkbox"/> Osteoporosis       | <input type="checkbox"/> Ulcers             |
| <input type="checkbox"/> Bulimia             | <input type="checkbox"/> Hernia           | <input type="checkbox"/> Pacemaker          | <input type="checkbox"/> Vaginal Infections |
| <input type="checkbox"/> Cancer              | <input type="checkbox"/> Herpes           | <input type="checkbox"/> Pneumonia          | <input type="checkbox"/> Venereal Disease   |
| <input type="checkbox"/> Cataracts           | <input type="checkbox"/> High Cholesterol | <input type="checkbox"/> Polio              |   |
| <input type="checkbox"/> Chemical Dependency | <input type="checkbox"/> HIV Positive     | <input type="checkbox"/> Prostate Problem   |   |

LIST ALLERGIES TO MEDICATIONS OR SUBSTANCES AND REACTION:

MEDICATIONS: LIST MEDICATIONS YOU ARE CURRENTLY TAKING VITAMINS AND HERBAL SUPPLEMENTS AND DOSAGE:

Have you ever been on or are you currently on Plavix      **YES / NO** \_\_\_\_\_

